



# Article Kaempferia parviflora Extracts Protect Neural Stem Cells from Amyloid Peptide-Mediated Inflammation in Co-Culture Model with Microglia

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Abstract: The existence of neuroinflammation and oxidative stress surrounding amyloid beta  $(A\beta)$ plaques, a hallmark of Alzheimer's disease (AD), has been demonstrated and may result in the activation of neuronal death and inhibition of neurogenesis. Therefore, dysregulation of neuroinflammation and oxidative stress is one possible therapeutic target for AD. Kaempferia parviflora Wall. ex Baker (KP), a member of the Zingiberaceae family, possesses health-promoting benefits including anti-oxidative stress and anti-inflammation in vitro and in vivo with a high level of safety; however, the role of KP in suppressing A $\beta$ -mediated neuroinflammation and neuronal differentiation has not yet been investigated. The neuroprotective effects of KP extract against  $A\beta_{42}$  have been examined in both monoculture and co-culture systems of mouse neuroectodermal (NE-4C) stem cells and BV-2 microglia cells. Our results showed that fractions of KP extract containing 5,7-dimethoxyflavone, 5,7,4'-trimethoxyflavone, and 3,5,7,3',4'-pentamethoxyflavone protected neural stem cells (both undifferentiated and differentiated) and microglia activation from  $A\beta_{42}$ -induced neuroinflammation and oxidative stress in both monoculture and co-culture system of microglia and neuronal stem cells. Interestingly, KP extracts also prevented  $A\beta_{42}$ -suppressed neurogenesis, possibly due to the contained methoxyflavone derivatives. Our data indicated the promising role of KP in treating AD through the suppression of neuroinflammation and oxidative stress induced by  $A\beta$  peptides.

Keywords: Alzheimer's disease; *Kaempferia parviflora*; microglia; neuronal differentiation; neuroinflammation

# 1. Introduction

Dementia is a type of neurodegenerative disease comprising frontotemporal dementia, Lewy body dementia, vascular dementia, and Alzheimer's disease (AD), with AD accounting for 60–70% of all dementia cases [1]. Dementia, including AD, is characterized by neuronal loss, leading to a decline in memory and cognitive ability that negatively impact individuals and their families [1]. AD etiology is multifaceted, with several variables including genetic factors, reduced neurogenesis, mitochondrial dysfunction, oxidative stress accumulation, neuroinflammation, and accumulation of hyperphosphorylated tau and amyloid beta (A $\beta$ ) peptides. These variables interact and generate a vicious cycle that accelerates neuronal damage and death, leading to neuron loss and brain atrophy [2,3]. The neuroinflammatory responses surrounding A $\beta$  plaques in AD suggest that inflammation



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**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). and sustained immune responses activated by microglia and reactive astrocytes are disease characteristics [2,4].

Neural stem cells can multiply and differentiate into many cell types in the nervous system such as oligodendrocytes, microglia, and neurons. Several studies showed that A $\beta$  peptides reduce neural stem cell survival and proliferation and decrease neurogenic differentiation [5–7]; thus, neurogenesis dysfunction could be considered a hallmark of AD [2,8]. Currently, the US Food and Drug Administration (FDA) has approved AD medicines including donepezil, galantamine, rivastigmine, and memantine. The first three act as cholinesterase inhibitors, while memantine acts as a blocking agent for N-methyl-D-aspartate (NMDA) receptors. However, these medicines cannot treat behavioral and psychiatric symptoms in moderate and severe stages of AD [9], and suppression of A $\beta$ -mediated neuroinflammation with improved survival of neural stem cells is an alternative AD therapy. Ginkgo biloba extract, curcumin, garcinol, gallic acid, and ginsenosides have all been reported for their anti-AD properties through the reduction of A $\beta$ -mediated neuroinflammation and the ability to modify the process of neural differentiation [10–13].

Kaempferia parviflora Wall. ex Baker (K. parviflora; KP) is a perennial plant belonging to the Zingiberaceae family, like turmeric (*Curcuma longa* L.) and ginger (*Zingiber officinale* Roscoe). The KP rhizome is mostly employed as a health-promoting substance in traditional medicine to treat a broad range of illnesses including anti-osteoarthritis, anticancer, anti-psoriasis, anti-obesity, antioxidative stress, anti-AD, and anti-inflammation [14–18]. An ethanolic extract of KP reduced gene and protein expression of inflammatory markers including interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-6 (IL-6), and tumor necrosis factor- $\alpha$  $(TNF-\alpha)$  in lipopolysaccharide (LPS)-stimulated macrophages through inhibition of the nuclear factor- $\kappa$ B (NF- $\kappa$ B) translocation [14], while 5,7,4'-trimethoxyflavone (TMF) and 5,7-dimethoxyflavone (DMF) isolated from KP exhibited potential enzyme inhibitory activities against acetylcholinesterase (AChE) and butyrylcholinesterase (BChE), which are drug targets for AD treatment as mentioned above [19]. Moreover, the ethanolic extract of KP containing 3,5,7,3',4'-pentamethoxflavone (PMF), 5,7,4'-trimethoxyflavone, and 5,7-dimethoxyflavone alleviated cognitive deficits and prevented a decrease in neural progenitor cell division caused by valproic acid (VPA) administration in rats [20]. VPA is an antiepileptic medication that inhibits cell proliferation and neurogenesis in the hippocampus [21] that causes moderate to severe cognitive impairments [22]. KP has also been examined for its toxicity and effectiveness. KP extract had a no-observed-adverse-effectlevel (NOAEL) of >249 mg/kg BW/day according to sub-chronic testing and was also free of genotoxicity, suggesting a high degree of safety [23]. Overall, KP extract showed promise as a natural, safe ingredient to treat anti-inflammatory and anti-AD activities by inhibiting AChE, BChE, and neurogenesis decline. Therefore, this study hypothesized that KP extract may play a role in suppressing  $A\beta$ -mediated neuroinflammation and neuronal differentiation as a novel mechanism for the prevention and/or reduction of inflammation-induced AD. This is the first investigation to determine which KP fractions can counteract A $\beta$  effects through the activity of neural stem cells, microglial cells, and differentiated neurons. Data from single cell culture and co-culture between neuronal stem cells (NE-4C) and microglial cells (BV-2) were also compared to observe the relationship between them that partially mimicked neuroglia. Results showed that KP exerted anti-neuroinflammatory properties with neuroprotective potential and promoted neuronal differentiation against  $A\beta$ .

#### 2. Materials and Methods

## 2.1. Chemicals

Cell culture medium and supplements, such as minimum essential medium (MEM), Roswell Park Memorial Institute medium 1640 (RPMI-1640), neurobasal medium, glutamine, penicillin, streptomycin, fungizone, and trypsin, were acquired from Invitrogen (Waltham, MA, USA). B-27 and fetal bovine serum (FBS) were purchased from Thermo Fisher Scientific (Waltham, MA, USA) and HyClone (Logan, UT, USA), respectively. The IL-6 ELISA kit was purchased from Abcam (Cambridge, MA, USA). The Griess reagent and CellTiter-Glo<sup>®</sup> Luminescence assay kit were purchased from Promega (Madison, WI, USA). Tri-RNA Reagent was purchased from Favorgen (Kaohsiung, Taiwan). The  $2 \times$  qPCRBIO SyGreen 1step Lo-ROX was obtained from PCR Biosystems (Wayne, PA, USA). 2,3-Bis-(2-Methoxy-4-Nitro-5-Sulfophenyl)-2HTetrazolium-5-Carboxanilide (XTT), phenazine methosulfate (PMS), A $\beta_{42}$  peptides, hexafluoropropanol, poly-l-lysine (PLL), dichlorofluorescein diacetate (DCFDA), were obtained from Sigma-Aldrich (St. Louis, MO, USA). Unless otherwise noted, all additional reagents and standards were from Sigma-Aldrich.

#### 2.2. Preparation of Amyloid Beta Peptides ( $A\beta_{42}$ )

 $A\beta_{42}$  was prepared using previous procedures with some modifications [24–26]. In brief,  $A\beta_{42}$  peptides were dissolved in hexafluoropropanol. Subsequently, the solution was aliquoted, dried in a speed-vacuum centrifuge, and stored at -80 °C. The dried peptide was reconstituted in 5 mM dimethyl sulfoxide (DMSO) and diluted with phosphate-buffered saline (PBS) to reach a concentration of 100  $\mu$ M. The solution was then allowed to aggregate for 72 h at 37 °C and subsequently aliquoted and kept at -80 °C until use.

### 2.3. Plant Extraction and Characterization

*Kaempferia parviflora* Wall. Ex Baker (*K. parviflora*; KP) was purchased from a traditional Thai pharmacy in Bangkok, Thailand, in 2018. For preparing the extract, dried KP was pulverized into coarse powder and soaked with 95% ethanol for 96 h [27,28]. The filtrate was evaporated and freeze-dried to obtain the crude ethanolic KP extract (KP1). The crude extracted was dissolved in 50% ETOH, then partitioned with hexane, chloroform, and ethyl acetate, and then evaporated and freeze-dried, obtaining hexane (KP2), chloroform (KP3), ethyl acetate (KP4), and residue (KP5) fractions. The extracts were kept at -80 °C until used.

Phenolic derivatives and 5,7-dimethylflavone (DMF) contents in the extract were determined by high-performance liquid chromatography (HPLC) using a C18 column (250 mm  $\times$  4.6 mm, 5 µm) (Agilent Technologies, Santa Clara, CA, USA). Gradient elution for detection was performed using two solvents, A (1% acetic acid in water) and B (100% acetonitrile). Twenty microliters of 10 mg of KP extract and its fractions were dissolved in 1 mL of diH<sub>2</sub>O, injected into the column with a flow rate of 0.7 mL/min, and detected at 280 nm. The peak area and retention time of the sample were determined and compared with authentic standards including catechin, caffeic acid, rutin, rosmarinic acid, quercetin, apigenin, and kaempferol.

High-performance liquid chromatography (HPLC) was performed using the above column to determine the existence of flavone derivatives, DMF (5,7-dimethoxyflavone), PMF (3,5,7,3',4'-pentamethoxyflavone), and TMF (5,7,4'-trimethoxyflavone) contents in the KP crude extract and its fractions. The flavone derivatives were separated using a gradient system of mobile phase A (water) and mobile phase B (100% methanol) with a total run time of 60 min and flow rate of 0.6 mL/min. The gradient system was 35% A in 0–35 min, followed by 20% A in 40–55 min and 35% A in the next 60 min. Then, 10 mg/mL of the extract dissolved in 1 mL of methanol was injected into the column and detected at 254 nm. Peak areas and retention times of the samples were evaluated and compared with the standard curve of the authentic standards (PMF, DMF, and TMF).

#### 2.4. Cell Cultures

# 2.4.1. Monoculture of Neural Stem Cells (NE-4C)

Mouse neuroectodermal (NE-4C) stem cell line (CRL-2925) was obtained and cultured according to ATCC culture method guidelines (Manassas, VA, USA). Briefly, cells were maintained in MEM supplemented with 5% FBS 2 mM glutamine, 100 units/mL penicillin, and 100  $\mu$ g/mL streptomycin at 37 °C with 5% CO<sub>2</sub>. Cells were plated on a 0.01% PLL-coated culture flask at a cell density of 10<sup>4</sup> cells/cm<sup>2</sup> and subcultured at a 1:10 ratio. Supplemented MEM was changed every two days.

#### 2.4.2. Monoculture of Microglia Cells (BV-2)

BV2 cells, a mouse microglial cell line, were purchased from Interlab Cell Line Collection (ATL033001, Genova, Italy). The cells were cultured and seeded according to the previous reports [29,30].

#### 2.4.3. Differentiation of NE-4C Neural Stem Cells into Neurons

The differentiation of NE-4C stem cells into neurons was performed according to the previous protocol [31]. Briefly, NE-4C cells were dissociated with 0.05% trypsin-EDTA and plated onto PLL-precoated 24-well plates at  $1.5 \times 10^6$  cells/well. The cells were cultured in supplemented MEM for 12 h before neuronal differentiation induction. Differentiation was induced by replacing the MEM with a neurobasal medium supplemented with 100 units/mL penicillin, 100 µg/mL streptomycin, and B-27. The supplemented neurobasal medium was replaced every 48 h. Six days after induction, aggregates with clusters of neural stem cells were mechanically dissociated, seeded onto PLL-coated 24-well plates, and grown until day twelve.

### 2.4.4. Co-Culture System between NE-4C Stem Cells and BV-2 Microglial Cells

Co-culture of NE-4C stem cells and microglial cells was performed using 24-well insert plates (Millipore, Burlington, MA, USA). NE-4C cells were cultured in PLL-coated 24-well plates at a density of  $1.5 \times 10^6$  cells/well in supplemented MEM at the bottom of the well, while microglia were cultured in supplemented RPMI at a density of  $1 \times 10^5$  cells/well in the insert for 24 h.

Induction of neuronal differentiation in the co-culture system between NE-4C stem cells and BV-2 microglial cells was performed by replacing the media with the supplemented neurobasal medium. The BV-2 cells were loaded for co-culture with the plated NE-4C cells and shared media of the supplemented neurobasal medium. After six days, neurospheres were collected and dissociated, seeded onto PLL- coated 24-well plates without co-cultured microglial cells, and grown until day twelve.

# 2.4.5. Co-Culture System between Differentiated Neurons Derived from NE-4C Cells and BV-2 Microglial Cells

NE-4C stem cells were differentiated into neuronal cells and cultured in supplemented neurobasal medium for 12 days to promote neuronal maturation in the bottom of the well. Consequently, the BV-2 cells in the insert were loaded as an upper chamber for co-culture with the matured neurons and the shared media of neuronal cells.

# 2.5. Cytotoxic Effect of Amyloid Beta Peptides and KP Extracts

BV-2 and NE-4C cells were seeded in a 96-well plate at  $1 \times 10^4$  and  $2.0 \times 10^4$  cells/well, respectively, and incubated overnight using the 12-day-differentiated neuron-derived NE-4C cells at  $1.5 \times 10^6$  cells/well grown in a 24-well plate. Based on the previous studies, the cells were treated with various concentrations of A $\beta_{42}$  solution (0.25, 0.5, 1, 5, 10 and 20  $\mu$ M) [5,26,32–35]. The cytotoxicity of KP extract (KP1–KP5) ranges from 0.5 ng/mL<sup>-1</sup> mg/mL was tested in the cells for 24 h. An equivalent quantity of 0.05% DMSO was used as a vehicle control.

# 2.6. Protective Effects of KP Extracts in Both Mono and Co-Culture

The protective effects of KP extract on  $A\beta_{42}$ -induced cytotoxicity were performed for both monocultures (BV-2 cells, undifferentiated NE-4C cells and differentiated neurons) and co-cultured (BV-2 cells cultured with undifferentiated NE-4C cells, and BV-2 cells cultured with differentiated NE-4C cells) as described.  $A\beta_{42}$  at 5  $\mu$ M, which reduced 50% of cellular ATP level, was cotreated with KP extracts at nontoxic concentrations (0.5, 1, 2, 4, and 8  $\mu$ g/mL) and incubated for 24 h. After exposure, the XTT reduction assay and ATP level were utilized to evaluate cytotoxicity.

### 2.7. Anti-Inflammatory Activities of KP Extracts on $A\beta_{42}$ -Induced Inflammation in Monoculture

The BV-2 cells were seed in a 96-well plate at  $1 \times 10^4$  cells/well and co-incubated with 1  $\mu$ M A $\beta_{42}$  with or without KP extract at nontoxic concentrations (0.5, 1, 2, 4 and 8  $\mu$ g/mL) for 24 h. BV-2 cells were harvested to determine the intracellular reactive oxygen species (ROS) using the DCF fluorescence assay, while the culture supernatant was collected and determined for IL-6 and nitrite levels.

#### 2.8. Anti-Inflammatory Effects of KP Extracts on $A\beta_{42}$ -Induced Inflammation in Co-Culture

Two co-culture models as matured neuronal cells derived from NE-4C cells and BV-2 microglial cells, and undifferentiated NE-4C neural stem cells and BV-2 microglial cells prepared as mentioned above were used to investigate whether KP extracts could suppress A $\beta_{42}$ -induced inflammation via microglial activation. A $\beta_{42}$  (1  $\mu$ M) and extracts including KP1, KP2, and KP3 (0.5, 1, 2, 4, and 8  $\mu$ g/mL) were added to the culture system medium for 24 h. The culture supernatant was collected and measured for IL-6 and nitrite levels. BV-2 cells were collected to evaluate the expression of IL-6 and iNOS mRNA and determine intracellular ROS. Differentiated neuronal cells and undifferentiated NE-4C neural stem cells were collected to determine cytotoxicity and intracellular ROS.

### 2.9. Effects of KP Extracts on Neurogenesis of $A\beta_{42}$ -Induced NE-4C Cells in Monoculture

NE-4C cells were induced for differentiation in the supplemented neurobasal medium for 24 h and then exposed to  $A\beta_{42}$  (0.25  $\mu$ M) with or without KP extracts at nontoxic concentrations (0.5, 1, 2, 4, and 8  $\mu$ g/mL) for six days. The differentiation medium was replaced every 48 h. At day six, cells were dissociated, seeded onto 24-well culture plates and grown until day twelve. Differentiated neuronal cells were collected for expression of  $\beta$ III-tubulin and MAP-2 analysis.

# 2.10. Effects of KP Extracts on Neurogenesis in $A\beta_{42}$ -Induced NE-4C Cells in Co-Culture with BV-2 Cells

The BV-2 cells were loaded for co-culture with plated NE-4C cells for one day in the supplemented neurobasal medium. Then,  $A\beta_{42}$  (0.25 µM) with or without extracts including KP1, KP2, and KP3 (0.5, 1, 2, 4, and 8 µg/mL) was added, with differentiation continued for five days. Culture media were collected for IL-6 and nitrite level determination. BV-2 cells were collected for quantitative PCR analysis of IL-6 and iNOS expression and to determine the intracellular ROS. NE-4C cells were dissociated, seeded onto 24-well culture plates, and grown until day twelve without  $A\beta_{42}$  or KP extracts. Differentiated neuronal cells were collected for  $\beta$ III-tubulin and MAP-2 mRNA analysis.

# 2.11. Sodium 3'-[1-(Phenylaminocarbonyl)-3,4-tetrazolium]-bis (4-Methoxy-nitro) Benzene Sulfonic Acid Hydrate (XTT) Reduction Assay

The cytotoxicity using an XTT-based assay was performed as previously detailed [29,30]. After the exposure times, the media was discarded. Then, 0.3 mg/mL XTT and 125 mM PMS were added. After incubation at 37 °C for 2 h, the absorbance was measured at 450 nm (SpectraMax<sup>®</sup> iD3, Molecular Devices, San Jose, CA, USA). Results are expressed as a percentage of cells that were untreated as a negative control.

### 2.12. Determination of ATP Levels

The total intracellular ATP level was determined using the CellTiter-Glo<sup>®</sup> Luminescence assay kit. Following cell treatment, the assay reagent containing substrate was added per each well and mixed for 30 min under light protection. The luminescence at 550 nm was measured (SpectraMax<sup>®</sup> iD3, Molecular Devices, San Jose, CA, USA), and the luminescence signal was expressed as a percentage of control.

#### 2.13. Interleukin-6 (IL-6) Measurement

After the treatment, the culture medium was harvested and centrifuged at  $2000 \times g$  for 10 min at 4 °C and kept at -20 °C until analysis. The culture supernatant was submitted to an IL-6 quantitative sandwich ELISA kit. The absorbance was measured at 450 nm using a microplate reader. The concentration of IL-6 in the samples was calculated in the comparison with the standard, curve (ranging from 10 to 500 pg/mL of IL-6).

#### 2.14. Nitric Oxide (NO) Measurement

Griess reagent was used to NO levels. The culture medium (50  $\mu$ L) was mixed with sulfanilamide solution (50  $\mu$ L) for 10 min before being incubated with napthylethylenediamine dihydrochloride solution (50  $\mu$ L) for 10 min. The absorbance at 520 nm was determined by a microplate reader.

#### 2.15. Intercellular Reactive Oxygen Species (ROS) Measurement

The treated cells were washed with PBS, followed by preincubation with 20  $\mu$ M 2,7-dichlorofluorescein diacetate (DCFDA) in a prewarmed culture medium for 30 min at 37 °C in the dark. The supernatant was removed, and the cells were washed with PBS, followed by the addition of 200  $\mu$ L of cell lysis buffer (90% dimethyl sulfoxide/10% PBS). The mixtures were incubated for 5 min. The mixture (150  $\mu$ L) was then transferred to a black 96-well plate, and the fluorescence was quantitated using a fluorometric plate reader (SpectraMax<sup>®</sup> iD3, Molecular Devices, San Jose, CA, USA) at 480 nm/530 nm excitation/emission wavelengths [36].

#### 2.16. Reverse Transcription–Quantitative Polymerase Chain Reaction (RT–qPCR)

Total RNA was extracted from the treated cells using Tri-RNA Reagent. The RNA quality and quantity were analyzed using Nanodrop ND-1000 spectrophotometry (NanoDrop Technologies, Wilmington, DE, USA). One hundred nanograms of total RNA was added and prepared in the RT–qPCR reaction mixture, qPCRBIO SyGreen 1-step Lo-ROX. Quantitative polymerase chain reaction (qPCR) was performed using qTOWER3 Real-Time PCR Systems (Analytik Jena, Langewiesen, Germany) and then analyzed using qPCRsoft 3.4 software (Analytik Jena, Langewiesen, Germany). Relative levels of target gene expression were normalized to glyceraldehyde 3-phosphate dehydrogenase (GAPDH) mRNA using the  $2^{-\Delta\Delta CT}$  method [37]. Each experiment was replicated at least three times, and the primer sequences are listed in the Supplementary Table S1.

#### 2.17. Statistical Analysis

Data from at least three separate experiments are reported as mean  $\pm$  standard deviation (SD). GraphPad Prism 9.0 (GraphPad Software, Boston, MA, USA) was used to statistically analyze the data. A one-way ANOVA followed by Tukey's test was used to determine the statistical significance of differences between groups. A probability of 0.05 or less ( $p \le 0.05$ ) was considered statistically significant.

#### 3. Results

#### 3.1. KP Extraction and Phytochemical Analysis

KP extraction yielded ethanolic crude extract (KP1), hexane (KP2), chloroform (KP3), ethyl acetate (KP4), and residue (KP5) fractions as 4.67%, 18.6%, 78.0%, 0.49%, and 0.67%, respectively. KP3 extracted from chloroform contained major *K. parviflora* components, suggesting the predominance of nonpolar phytochemicals. HPLC analysis detected caffeic acid and rutin in KP4, whereas only catechin was found in KP5 (Table 1 and Supplementary Figure S1). The flavone contents of KP have been well-documented and methoxyflavone derivatives were also determined, as shown in Table 1 and Supplementary Figure S2. DMF, PMF, and TMF were predominant in KP1 and KP3, with minor amounts in KP2 and KP4. TMF was the most abundant flavone derivative found in KP1 to KP4

compared to DMF and TMF. Interestingly, these three derivatives were not detectable in the KP5 fraction.

**Table 1.** Quantification of phytochemicals, DMF, PMF, and TMF contents in *K. parviflora* crude extract and its fractions.

Detected Compounds (mg/g Extract)	Crude Ethanolic Extract (KP1)	KP Fractions			
		Hexane (KP2)	Chloroform (KP3)	Ethyl Acetate (KP4)	Residue (KP5)
Caffeic acid	ND	ND	ND	$4.07\pm0.91$	ND
Catechin	ND	ND	ND	ND	$15.6\pm1.40$
Rutin	ND	ND	ND	$13.4\pm2.80$	ND
DMF	$103.27\pm1.15$	$8.75\pm0.17$	$132.40\pm0.01$	$2.90\pm0.05$	ND
PMF	$123.95\pm38.83$	$2.74\pm0.34$	$156.64\pm0.14$	$23.34\pm0.02$	ND
TMF	$517.19\pm2.10$	$35.19\pm3.31$	$649.54\pm6.67$	$76.09\pm0.26$	ND

The value is represented as mean  $\pm$  SD. ND.: non-detectable. DMF: 5,7-dimethoxyflavone, PMF: 3,5,7,3', 4'-pentamethoxyflavone, and TMF: 5,7,4'-trimethoxyflavone.

#### 3.2. Cytotoxicity Determination of $A\beta_{42}$ and K. parviflora Extracts

To investigate the protective effects of *K. parviflora* extract against A $\beta_{42}$  peptides, we first determined the cytotoxic effects of A $\beta_{42}$  peptides and the five fractions of *K. parviflora* extracts to establish the ranges of appropriate concentrations for the whole study, using XTT reduction and ATP levels as two independent cytotoxicity assays. The three cell lines, BV-2, undifferentiated NE-4C and differentiated NE-4C were treated with various ranges of A $\beta_{42}$  and the five fractions of *K. parviflora* extracts (KP1–KP5) for 24 h. Figure 1A,B show that after 24 h of treatment, A $\beta_{42}$  at  $\leq 1 \mu$ M was not cytotoxic to all tested cells, while A $\beta_{42}$  at  $\geq 5 \mu$ M showed significant cytotoxicity toward all tested cells in our condition.



**Figure 1.** Cytotoxicity effects of amyloid beta peptides (A $\beta_{42}$ ) on BV-2 cells, undifferentiated NE-4C and differentiated NE-4C. (**A**) cytotoxicity effects of A $\beta_{42}$  measured by XTT assay and (**B**) cytotoxicity effects of A $\beta_{42}$  measured by ATP assay. The values are mean  $\pm$  SD of three independent experiments and statistical significance was analyzed against untreated control (0  $\mu$ M) of each cell line using one-way ANOVA followed by Tukey's test. \*\*\*, *p* < 0.001.

Results from the XTT assay also revealed that all five fractions of *K. parviflora* extracts (KP1–KP5) displayed different cytotoxic effects. In BV-2 cells, KP1 markedly showed toxicity starting from 40  $\mu$ g/mL, while KP2–KP3 showed toxicity starting from 200  $\mu$ g/mL and KP4–KP5 exhibited clear toxicity starting from 1000  $\mu$ g/mL (Figure 2A–E). In undifferentiated NE-4C, KP1–KP3 showed toxicity starting from 200  $\mu$ g/mL, and KP4–KP5 showed toxicity starting from 1000  $\mu$ g/mL. Moreover, in differentiated NE-4C, significant toxicity was obtained from 200  $\mu$ g/mL of KP1–KP5. Thus, 0.5 to 8  $\mu$ g/mL of KP1–KP5, which were sub-cytotoxic concentrations, were selected for further investigation.



**Figure 2.** Cytotoxicity effects of *K. parviflora* extracts (KP1–KP5) on BV-2 cells, undifferentiated NE-4C and differentiated NE-4C measured by XTT assay. (**A**) KP1 fraction, (**B**) KP2 fraction, (**C**) KP3 fraction, (**D**) KP4 fraction, and (**E**) KP5 fraction. The values are mean  $\pm$  SD of three independent experiments and statistical significance was analyzed against untreated control (0  $\mu$ M) of each cell line by one-way ANOVA followed by Tukey's test. \*, *p* < 0.05, \*\*, *p* < 0.01, \*\*\*, *p* < 0.001.

# 3.3. Protective Effects of K. parviflora Extracts on $A\beta_{42}$ -Mediated Neurotoxicity

The protective effects of all five *K. parviflora* extract against  $A\beta_{42}$ -mediated neurotoxicity in both NE-4C monoculture and co-culture between NE-4C and BV-2 cells were evaluated.  $A\beta_{42}$  at 5 µM was selected to induce neuronal death as this mirrored the IC<sub>50</sub> value, using subtoxic doses of *K. parviflora* extracts (0.5–8 µg/mL). The NE-4C monoculture or co-culture between NE-4C and BV-2 cells was treated with  $A\beta_{42}$  and *K. parviflora* extracts. After 24 h of treatment, cytotoxicity was tested using the XTT assay. Figure 3A,B show that low concentrations of all five *K. parviflora* fractions (0.5–1 µg/mL) had no protective effects against  $A\beta_{42}$ , while only KP1, KP2, and KP3 at 2–8 µg/mL effectively normalized  $A\beta_{42}$ -mediated neurotoxicity in both monoculture and co-culture of BV-2 cells. Interestingly, KP1 (at least 4 µg/mL), KP2 (at least 2 µg/mL), and KP3 (at least 4 µg/mL), but not KP4 and KP5 significantly suppressed  $A\beta_{42}$  toxicity in undifferentiated and differentiated NE-4C cells (both monoculture and co-culture). Therefore, KP1, KP2,



and KP3 fractions exhibited protective effects against  $A\beta_{42}$ -induced neuronal death in both monoculture and co-culture models.

**Figure 3.** Protective effects of five *K. parviflora* extracts against  $A\beta_{42}$ -induced neuronal cell death in both NE-4C monoculture and co-culture between NE-4C and BV-2 cells determined using an XTT assay. (**A**) BV-2 monoculture, (**B**) BV-2 co-culture, (**C**) undifferentiated, NE-4C monoculture, (**D**) undifferentiated NE-4C co-culture, (**E**) differentiated NE-4C monoculture, and (**F**) differentiated NE-4C co-culture. Values are mean  $\pm$  SD of three independent experiments. The ### indicates a significant difference between the control and cells exposed to  $A\beta_{42}$  peptides without KP extract at p < 0.001 using one-way ANOVA followed by Tukey's test. The \* indicates a significant difference between cells exposed to  $A\beta_{42}$  peptides without KP extract compared to cells exposed to  $A\beta_{42}$ peptides and various concentrations of KP extract (0.5–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001.

# 3.4. Suppression of $A\beta_{42}$ -Induced Inflammation and Oxidative Stress by K. parviflora Extracts in BV-2 Cell Monoculture

A $\beta_{42}$  leads to neuronal death by two mechanisms as induction of inflammation and oxidative stress [38,39]. Thus, to explore how *K. parviflora* extracts prevented BV-2 death from A $\beta_{42}$  (Figure 3A,B), we investigated the anti-inflammatory and antioxidant properties of KP1–KP5. BV-2 cell monoculture was co-exposed with A $\beta_{42}$  (1  $\mu$ M) with or without each fraction of *K. parviflora* extract (KP1-KP5). To avoid excessive inflammation and apoptotic interference, we used A $\beta_{42}$  at 1  $\mu$ M because this was a subtoxic dose (not more than IC<sub>20</sub>, Figure 1A,B). Biomarker levels of inflammatory responses such as interleukin-6 (IL-6) and nitrite, and cellular ROS were evaluated. Figure 4A–C confirm previous findings that A $\beta_{42}$ , even at a subtoxic dose (1  $\mu$ M), operated as a neurotoxic agent by in-

ducing inflammation (Figure 4A,B) and oxidative stress (Figure 4C) [38,39]. Treatment with *K. parviflora* extract (KP1-KP5) showed that only KP1, KP2, and KP3 fractions significantly reduced IL-6 levels (4 and 8  $\mu$ g/mL), nitrite (8  $\mu$ g/mL), and DCF fluorescence levels (KP1 and KP3 from 1–8  $\mu$ g/mL and KP2 at 4 and 8  $\mu$ g/mL) in a monoculture of A $\beta_{42}$ -treated BV-2 cells. Therefore, KP1, KP2, and KP3 prevented A $\beta_{42}$ -induced microglial death due to their anti-inflammatory and antioxidant properties.



**Figure 4.** Anti-inflammatory and antioxidant effects of five *K. parviflora* fractions on A $\beta_{42}$ -induced neurotoxicity in monoculture of BV-2 cells. (**A**) IL-6 levels, (**B**) nitric oxide (NO) production, and (**C**) DCF fluorescence. Values are mean  $\pm$  SD of three independent experiments. The <sup>#</sup> shows a significant difference between the control and cells exposed to A $\beta_{42}$  peptides without KP extract using one-way ANOVA followed by Tukey's test. <sup>#</sup>, *p* < 0.05, <sup>##</sup>, *p* < 0.01, <sup>###</sup>, *p* < 0.001. The \* shows a significant difference between cells exposed to A $\beta_{42}$  peptides without KP extract compared to cells exposed to A $\beta_{42}$  peptides and various concentrations of KP extract (0.5–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, *p* < 0.01, \*\*\*, *p* < 0.001.

# 3.5. Suppression of $A\beta_{42}$ -Induced Inflammation and Oxidative Stress by K. parviflora Extracts in Co-Culture between Differentiated NE-4C and BV-2 Cells

Inflamed microglia eventually lead to neuronal dysfunction and death. Figures 3 and 4 show the protective effects of KP1, KP2, and KP3 against neuronal death, inflammation, and oxidative stress in microglial BV-2 cell monoculture. Thus, the anti-inflammation and antioxidative stress of KP1, KP2, and KP3 fractions were further studied in co-culture between differentiated NE-4C and BV-2 cells. IL-6 and inducible nitric oxide synthase (iNOS) mRNA levels and cellular ROS levels in BV2-cells were significantly induced after

в A BV-2 cells BV-2 cells KP2 KP3 KP1 KP2 KP3 KP1 2000 (% of non-treated control) IL-6 mRNA levels cont iNOS mRNA levels 1500 600 (% of non-treated 1000 400 500 200 0 0 Aβ<sub>42</sub> (1 μM) KP (μg/mL) Aβ<sub>42</sub> (1 μM) + 2 1 KP (µg/mL) 0 4 0 2 D С BV-2 cells Differentiated NE-4C cells KP2 KP3 KP1 KP2 KP3 KP1 250 control) contr DCF fluorescence (% of non-treated conf 200 ATP levels f non-treated c 150 100 % of 1 • Αβ<sub>42</sub> (1 μΜ) Aβ<sub>42</sub> (1 μM) KP (µg/mL) 0 KP (µg/mL) 0 2 F Е Differentiated NE-4C cells Differentiated NE-4C cells KP1 KP2 KP3 KP1 KP2 KP3 160 control) DCF fluorescence (% of non-treated control) 240 120 200 Cell viability (% of non-treated 160 120 80 40 0 0 Aβ<sub>42</sub> (1 μM) Αβ42 (1 μΜ) + KP (µg/mL) 0 1 2 8 KP (µg/mL) 0 2 4 н G entiated NE-4C cells (media) ed NE-4C cells (media) KP1 KP2 KP3 KP1 KP2 KP3 NO production (% of non-treated control) control) 300 IL-6 levels (% of non-treated t 300 200 200 100 0 0 Aβ<sub>42</sub> (1 μM) KP (μg/mL) Αβ<sub>42</sub> (1 μM) KP (μg/mL) + 4 +2 + 4 2 0 0

 $A\beta_{42}$  treatment, confirming the neurotoxic effect of  $A\beta_{42}$  peptides (Figure 5A–C). However, these markers were reduced when KP1 and KP2 at 4–8 µg/mL and KP3 at 8 µg/mL were applied.

**Figure 5.** Anti-inflammatory and antioxidant effects of five *K. parviflora* fractions on A $\beta_{42}$ -induced neurotoxicity in co-culture between differentiated NE-4C and BV-2 cells. (**A**) IL-6 mRNA levels of BV-2 cells, (**B**) iNOS mRNA levels of BV-2 cells, (**C**) DCF fluorescence of BV-2 cells, (**D**) ATP levels of differentiated NE-4C, (**E**) cell viability of differentiated NE-4C, (**F**) DCF fluorescence of differentiated NE-4C, (**G**) IL-6 levels in culture media, and (**H**) NO production in the culture media. Values are mean  $\pm$  SD of three independent experiments. The ### shows significant difference between the control and cells exposed to A $\beta_{42}$  peptides without KP extract at *p* < 0.001 using one-way ANOVA followed by Tukey's test. The \* shows significant difference between cells exposed to A $\beta_{42}$  peptides without KP extract (1–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, *p* < 0.05, \*\*, *p* < 0.01, \*\*\*, *p* < 0.001.

The effects of  $A\beta_{42}$  peptides on differentiated NE-4C cells were also investigated. In the co-culture,  $A\beta_{42}$  peptides markedly decreased cell viability and caused oxidative stress in differentiated NE-4C cells compared to the untreated control (Figure 5D–F), suggesting the occurrence of inflamed microglia-mediated neuronal death. KP1 and KP2 (2, 4, and 8 µg/mL) and KP3 (4 and 8 µg/mL) prevented neuronal death and oxidative stress in differentiated NE-4C cells. Figure 5G,H show that IL-6 and nitrite levels in the cell culture medium were dramatically induced by  $A\beta_{42}$  peptides, whereas levels were significantly reduced by KP1, KP2, and KP3 treatments. Therefore,  $A\beta_{42}$  peptides caused inflammation and oxidative stress in co-culture between microglia and differentiated NE-4C cells leading to neuronal death. Interestingly, KP fractions KP1, KP2, and KP3 significantly decreased inflamed microglia and improved neuronal viability under  $A\beta_{42}$  induction.

# 3.6. Suppression of $A\beta_{42}$ -Induced Inflammation and Oxidative Stress by K. parviflora Extracts in Co-Culture between Undifferentiated NE-4C and BV-2 Cells

Figure 5 shows the effects of inflamed microglia on differentiated NE-4C death; however, the effects of inflammatory microglia on neural stem cells that eventually develop into functional neurons remain unclear. Hence, the results of  $A\beta_{42}$ -mediated inflamed microglia on undifferentiated NE-4C cells using the same co-culture strategy were further elucidated.

Figure 5A–C illustrate that  $A\beta_{42}$  peptides activated IL6 and iNOS mRNA expressions and oxidative stress (DCF fluorescence), while all inflammatory and oxidative stress markers were quenched by KP1, KP2, and KP3 extracts. Interestingly, inflamed BV-2 cells also decreased cell viability (Figure 6A,B), and caused oxidative stress (Figure 6C) and inflammation (Figure 6D,E) of undifferentiated neural stem cells in the same manner as differentiated neurons (Figure 5D–F). Treatment with KP extracts (KP1-KP3) protected against neuronal death and decreased oxidative stress (Figure 6A–E). These data implied that (i)  $A\beta_{42}$ -mediated inflamed microglia led to the cytotoxicity of differentiated neurons and also undifferentiated neural stem cells, and (ii) KP1–KP3 decreased inflamed microglia, which subsequently resulted in improved viability of undifferentiated neural stem cells.

# 3.7. Protective Effects of K. parviflora Extracts on Neurogenesis of $A\beta_{42}$ -Treated NE-4 Cells in Monoculture

Data in Figure 6 show that  $A\beta_{42}$  peptides reduced the viability of neural stem cells. Protective effects of KP extracts on neurogenesis-inhibiting  $A\beta_{42}$  peptide-treated cells were further elucidated by studying the expressions of two neuron-specific proteins, namely class III  $\beta$  tubulin (beta-III tubulin) and microtubule-associated protein 2 (MAP-2) in monoculture of differentiated NE-4 cells. Reductions in both beta-III tubulin and MAP2 mRNA levels were obtained when differentiated NE-4 cells were exposed to  $A\beta_{42}$  peptides (Figure 7A,B), suggesting that  $A\beta_{42}$  peptides directly inhibit neurogenesis, even at a nontoxic dose (0.25  $\mu$ M, Figure 1A,B). Cells receiving both  $A\beta_{42}$  and various concentrations of KP fractions (KP2 and KP3 starting at 2  $\mu$ g/mL, while KP1 starting at 4  $\mu$ g/mL) showed significant recovery of beta-III tubulin and MAP-2 mRNA expressions, albeit at different potency. KP1, KP2, and KP3 fractions showed promising protective effects against neurogenesis-inhibiting  $A\beta_{42}$  peptides in the monoculture of differentiated NE-4 cells (Figure 7A,B).

# 3.8. Protective Effects of K. parviflora Extracts Neurogenesis in $A\beta_{42}$ -Induced Differentiated NE-4C in Co-Culture with BV-2 Cells

In addition to monoculture (Figure 7), we further investigated the protective effects of *K. parviflora* extracts against neurogenesis-inhibiting  $A\beta_{42}$  peptides in co-culture between differentiated NE-4C and BV-2 cells. Figure 8A–C show that without KP extracts,  $A\beta_{42}$  peptides induced inflammation and oxidative stress in BV-2 cells, similar to previous data (Figure 5A–C). Reduced inflammation and oxidative stress were also observed when each KP extract was added. Consistent with results obtained from undifferentiated cells shown in Figure 7, differentiated NE-4C cells exposed to  $A\beta_{42}$  peptides showed a reduction of both beta-III tubulin and MAP-2 mRNA expressions in co-culture (Figure 8D,E), suggesting



that  $A\beta_{42}$  peptides not only inhibited neurogenesis directly but also reduced neurogenesis indirectly through inflamed microglia.

**Figure 6.** Anti-inflammatory and antioxidant effects of five *K. parviflora* fractions on A $\beta_{42}$ -induced neurotoxicity in co-culture between undifferentiated NE-4C and BV-2 cells. (**A**) ATP levels of undifferentiated NE-4C, (**B**) cell viability of undifferentiated NE-4C, (**C**) DCF fluorescence of undifferentiated NE-4C, (**D**) IL-6 levels in culture media, and (**E**) NO production in the culture media. Values are mean  $\pm$  SD of three independent experiments. The ### shows a significant difference between the control and cells exposed to A $\beta_{42}$  peptides without KP extract at *p* < 0.001 using one-way ANOVA followed by Tukey's test. The \* shows a significant difference between cells exposed to A $\beta_{42}$  peptides without KP extract (1–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, *p* < 0.05, \*\*, *p* < 0.01, \*\*\*, *p* < 0.001.

Α



**Figure 7.** The protective effects of *K. parviflora* against neurogenesis-inhibiting A $\beta_{42}$  peptides in monoculture of differentiated NE-4C cells. (**A**) beta-III tubulin mRNA levels and (**B**) MAP-2 mRNA levels. The <sup>###</sup> shows a significantly different between control and cells exposed to A $\beta_{42}$  peptides without KP extract at p < 0.001 using one-way ANOVA followed by Tukey's test. The \* shows a significantly different between cells exposed to A $\beta_{42}$  peptides without KP extract compared to cells exposed to A $\beta_{42}$  peptides and various concentrations of KP extract (0.5–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, p < 0.05, \*\*, p < 0.01, \*\*\*, p < 0.001.

Protective effects of the promising KP extracts KP1, KP2, and KP3 against neurogenesisinhibiting A $\beta_{42}$  peptides were also investigated. Intriguingly, protection indicated by the induction of beta-III tubulin and MAP-2 mRNA expressions was observed in all three KP fractions at 4 and 8 µg/mL (Figure 8D,E). These data indicated that KP1, KP2, and KP3 improved neurogenesis against A $\beta_{42}$  peptide treatment.

KP3

8

KP3

4

4

8

15 of 20



**Figure 8.** The protective effects of *K. parviflora* on neurogenesis in the co-culture between differentiated NE-4C and BV-2 cells treated with A $\beta_{42}$ . (A) IL-6 mRNA levels of BV-2 cells, (B) relative iNOS mRNA levels of BV-2 cells, (C) DCF fluorescence of BV-2 cells, (D) beta-III tubulin mRNA levels of differentiated NE-4C cells, and (E) MAP-2 mRNA levels of differentiated NE-4C cells. The values are mean  $\pm$  SD of three independent experiments. The ### shows a significantly different between control and cells exposed to A $\beta_{42}$  peptides without KP extract at *p* < 0.001 using one-way ANOVA followed by Tukey's test. The \* shows a significantly different between cells exposed to A $\beta_{42}$  peptides without KP extract (1–8 µg/mL) using one-way ANOVA followed by Tukey's test. \*, *p* < 0.05, \*\*, *p* < 0.01, \*\*\*, *p* < 0.001.

# 4. Discussion

Alzheimer's disease (AD) induces gradual cognitive impairment, with major pathological features such as the deposition of extracellular amyloid beta (A $\beta$ ) plaques and intercellular neurofibrillary tangles of tau protein. Microglial activation and neuroinflammation by  $A\beta$  plaques have been proposed as underlying and connecting components in the development of AD [2-4,40]. The involvement of stem cells in adult neurogenesis is critical for memory and cognitive performance [41]. In AD cases, A $\beta$  plaque impairs the proliferation and differentiation of both neural stem cells and neurons [5–7] due to excessive induction of neuronal death and oxidative stress [6,7]. Therefore, limiting this vicious cycle by suppressing A $\beta$  toxicity and promoting differentiation and/or proliferation of neural stem cells by safety agents shows promise as a potential therapeutic strategy to delay AD progression. K. parviflora has shown promising neuroprotective activity in several previous studies [42–44]. An ethanolic extract of K. parviflora protected glutamate-induced cell injury in mouse hippocampal neuronal cells [43], while K. parviflora protected oxidative stress-related brain damage and memory deficit induced by focal cerebral ischemia in rats [44]. The anti-AD effects targeting AChE and A $\beta$  formation of K. parviflora have been previously studied [45,46] but the protective impacts of *K. parviflora* on Aβ-induced neurotoxicity, neuroinflammation, and neurogenesis have not yet been examined. In this study, NE-4C neural stem cells (undifferentiated), BV-2 microglia, and NE-4C-derived neurons (differentiated) were used in both monoculture and co-culture of NE-4C neural stem cells and BV-2 microglia, and co-cultures of NE-4C derived neurons and BV-2 microglia, to assess the impact of K. parviflora fractions on neuroprotective and anti-neuroinflammatory  $A\beta_{42}$  challenges, and on neurogenesis processes compromised by  $A\beta_{42}$ .

The *K. parviflora* fractions were characterized as crude ethanolic (KP1), n-hexane (KP2), chloroform (KP3), ethyl acetate (KP4) and residue (KP5). 5,7-Dimethoxyflavone (DMF) was detectable in KP3, KP1, KP2, and KP4, while 3,5,7,3',4'-pentamethoxyflavone (PMF) and 5,7,4'-trimethoxyflavone (TMF) were found in KP1, KP3, and KP4. DMF was the primary bioactive phytochemical with antioxidant and anti-inflammatory activities [47–51]. DMF is used as a quality control marker, with KP powder produced for food ingredients containing at least 2.5% [52]. Our crude extract of KP contained 10.3% more DMF than the recommendation, while DMF, TMF, and PMF were absorbed through the GI tract and distributed throughout the brain, suggesting that these methoxyflavones, especially DMF, may offer neuroprotection [53,54] by inhibiting oxidative stress and neuroinflammation.

 $A\beta_{42}$  generated cytotoxicity and elevated intracellular ROS in NE-4C neural stem cells and NE-4C derived neurons, while toxicity was greatly amplified when these cells were cocultured with microglial cells. Co-exposure of A $\beta_{42}$  at 5  $\mu$ M with each KP fraction showed that crude ethanolic (KP1), n-hexane (KP2), and chloroform (KP3) fractions significantly decreased toxicity in a concentration-dependent manner in both mono- and co-cultures of BV-2, neural NE-4C stem cells, and neuronal-derived NE-4C cells (Figure 3). KP extract had neuroprotective impacts on mice hippocampus neuronal cells by promoting brain-derived neurotrophic factor (BDNF) expression and the extracellular signal-regulated kinase pathway (ERK) [43]. Furthermore, these three fractions demonstrated anti-inflammation triggered by A $\beta_{42}$  in both BV-2 monoculture and co-culture (Figures 4–6), with attenuated IL-6 and NO levels in the culture medium. These bioactive fractions reduced microglial activation by decreasing inducible nitric oxide synthase (iNOS) mRNA expression and intracellular ROS. NE-4C and neuron cells co-cultured with microglia were also protected by K. parviflora fractions from A $\beta_{42}$ , with boosted ATP levels and cell viability, while reducing intracellular ROS. K. parviflora has been shown to have anti-inflammatory properties that suppress the production of IL-6 in lipopolysaccharide-stimulated monocytes by inhibiting the activation of ERK1/2 and protein kinase B (Akt) [14,15]. Taken together, K. parviflora KP1, KP2, and KP3 fractions containing DMF protected toxicity in BV-2, neural NE-4C stem cells, and neuronal-derived NE-4C cells induced by AB42 peptides, while also protecting against cellular damage induced by microglial activation, as characteristics attributed to DMF [49,50,55].

To study the impact of KP extracts on  $A\beta_{42}$ -disrupted neurogenesis, a low concentration of A $\beta_{42}$  (0.25  $\mu$ M) together with KP extract was applied in a monoculture of NE-4C cells for six days during 12 days of differentiation (Figure 7). The stated exposure period aimed was to assess how  $A\beta_{42}$  and the extracts impacted early differentiation before neuronal maturation [56]. The three KP fractions (KP1, KP2, and KP3) inhibited the action of A $\beta_{42}$  and reversed the expression of specific neuronal mRNA markers,  $\beta$ III-tubulin and MAP-2. The extracts reduced  $A\beta_{42}$ -driven IL-6 and iNOS mRNA levels as well as intracellular ROS in microglial cells, coupled with lower IL-6 and NO levels in the coculture medium (Figure 8). Concerning differentiated neurons from NE-4C cells cocultured with microglia cells, the extracts also restored impaired neuronal development from  $A\beta_{42}$  in a similar way to the NE-4C cell monoculture. No data exist to demonstrate the influence of K. parviflora on neural stem cell differentiation but K. parviflora protected the rat brain against valproic acid-induced impairments in spatial memory and neural stem cell proliferation in the dentate gyrus [20]. These findings showed that *K. parviflora* extracts prevented the influence of A $\beta_{42}$  on neurogenesis both directly on the functioning of NE-4C cells and indirectly by suppressing microglia-induced neuroinflammation. Apart from antioxidative and anti-inflammatory activities, neurogenesis signal transduction pathways involve ERK1/2, protein kinase A (PKA), Akt, WNT/ $\beta$ -catenin, protein kinase C (PKC), and BDNF [10,12]. Further research into molecular targets and the many biological neurogenetic activities of K. parviflora should concentrate on the ERK1/2, PKA, Akt, and BDNF signaling pathways [15,43,57].

The biological and toxic properties of methoxyflavones have generally focused on DMF. This study examined and compared the anti-inflammation and cytotoxicity of DMF, TMF and PMF in human dermal fibroblasts. TMF exhibited the highest cytotoxicity, while PMF did not influence on cell viability. TMF was the most effective polymethoxyflavone in decreasing TNF- $\alpha$  induced fibroblast damage through the MAPK and NF- $\kappa$ B pathways [58], while PMF was nontoxic and protective against oxidative DNA damage in RAW 264.7 macrophages [59]. Limited evidence exists on the anti-neuroinflammation, neuroprotection, and neurogenesis of DMF, TMF, and PMF individually. Current research is unable to distinguish their activity in each KP fraction or compare their efficacy. Further research is required to determine which methoxyflavone contributes to neuroinflammation and neurogenesis. Moreover, whether the neuroprotective mechanism of the KP extract and its active compound(s) is related to a decrease in ROS or other off-target effects should be investigated further.

#### 5. Conclusions

Our results revealed that *K. parviflora* extracts protected against  $A\beta_{42}$  induced cellular damage of NE-4C neural stem cells, BV-2 microglia, and NE-4C derived neurons and also reduced microglia-induced cellular damage in NE-4C neural stem cells and neurons by  $A\beta_{42}$ . Moreover, *K. parviflora* extracts also inhibited the inhibitory effects of  $A\beta_{42}$  on neuronal differentiation. These findings provide clues about the role of *K. parviflora* extracts in neuroprotection and neurogenesis and curing  $A\beta_{42}$ -dependent AD. However, further detailed investigations are required to explore the molecular pathways governing neuroprotective actions against  $A\beta_{42}$  and the stimulatory effects in the neurogenesis of *K. parviflora* extracts.

**Supplementary Materials:** The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/nu15051098/s1. Supplementary Table S1. Primers used for real-time PCR; Supplementary Figure S1. HPLC chromatogram for determination of catechin, caffeic acid, rutin, rosmarinic acid, quercetin, apigenin and kaempferol in (A) crude ethanolic extract (KP1), and (B) hexane (KP2), (C) chloroform (KP3), (D) ethyl acetate (KP4), and (E) residue (KP5) fractions, (F) shows the HPLC fingerprint of a standard mixture including, (A) catechin, (B) caffeic acid, (C) rutin, (D) rosmarinic acid, (E) quercetin, (F) apigenin, (G) kaempferol, and (H) 5,7-dimethylflavone; Supplementary Figure S2. HPLC chromatogram for determination of flavone derivatives including PMF (3,5,7,3',4'-pentamethoxyflavone), DMF (5,7-dimethoxyflavone) and TMF (5,7,4'-trimethoxyflavone) contents in (A) crude ethanolic extract (KP1), and (B) hexane (KP2), (C) chloroform (KP3), (D) ethyl acetate (KP4), and (E) residue (KP5) fractions, (F) shows the HPLC fingerprint of a standard mixture of PMF, DMF, and TMF.

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